Unit # 1 Title: Who Am I as a Career?

Lesson Title: Tootsie Roll TM, Tootsie Roll TM, Who Art Thou? (Part 2) **Lesson:** 2 of 2

Grade Level: 6

Length of Lesson: 30 minutes

Missouri Comprehensive School Counseling Big Idea:

CD.7: Applying Career Exploration and Planning Skills in the Achievement of Life Career Goals

CD.8: Knowing Where and How to Obtain Information about the World of Work and Post-Secondary Training/Education

Grade Level Expectations (GLEs):

CD.7.A.06: Use current interests, strengths and limitations to guide individual career exploration.

CD.7.B.06: Recognize the career path concept as an organizer for exploring and preparing for careers now and in the future.

CD.7.C.06: Recognize non-traditional work roles.

CD.8.A.06: Evaluate career and educational information resources.

CD.8.B.06: Compare the different types of post-secondary training and education as it relates to career choices.

American School Counselor Association (ASCA) Mindsets and Behaviors:

Career Development

Materials (include activity sheets and/ or supporting resources)

Resources (see Resources for Lesson 1): *Career Path Descriptions

*Career Path Posters (set of six)

*Ideas for Personal Plan of Study/Career Portfolio

Activity Sheets: *Worker Interview Questions (completed)

Career Path Student Survey

Job and Gender Role Survey

(*Materials introduced in the previous lesson).

Show Me Standards: Performance Goals (check one or more that apply)

Goal 1: gather, analyze and apply information and ideas

- 5. Comprehend and evaluate written, visual and oral presentations and works.
- X 6. Discover and evaluate patterns and relationships in information, ideas and structures.
 - 10. Apply acquired information, ideas and skills to different contexts as students, workers, citizens and consumers.
- Goal 2: communicate effectively within and beyond the classroom
 - 1. Plan and make written, oral and visual presentations for a variety of purposes and

	audiences.Exchange information, questions and ideas while recognizing the perspectives of others.
X	Goal 3: recognize and solve problems5. Reason inductively from a set of specific facts and deductively from general premises.
X	Goal 4: make decisions and act as responsible members of society 3. Analyze the duties and responsibilities of individuals in societies. 8. Explore, prepare for and seek educational and job opportunities.

This lesson supports the development of skills in the following academic content areas. Academic Content Area(s) Specific Skill(s)

readenie content in ea(s)		Specific Sim(s)
X	Communication Arts	Reading and verbal skills; interview and writing skills
X	Mathematics	Data analysis
X	Social Studies	Recognition of roles of careers in society
	Science	
	Health/Physical Education	
	Fine Arts	

Enduring Life Skill(s)

	Perseverance	X	Integrity	X	Problem Solving
X	Courage		Compassion	X	Tolerance
X	Respect	X	Goal Setting	X	Responsibility

Lesson Measurable Learning Objectives:

The student will use career and educational information resources to choose one Career Path, identifying training and education.

The student will identify males and females in nontraditional work roles by completing the *Job* and *Gender Role* survey.

Lesson Formative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLEs. Assessment can be question answer, performance activity, etc.

Students will complete lesson surveys.

Students will explore and discuss gender roles.

Lesson Preparation

Please Note: The concept of the Personal Plan of Study/Career Portfolio is introduced during this unit. The exact format for the Portfolio will depend, in large part, on the resources available to you in your district. Some districts have a well-developed system for student portfolios; some districts have adopted portfolio guidelines and do not yet have a system in place; some districts are in the planning stage. We have included some general ideas (see Resource: Ideas for Personal Plans of Study/Career Portfolios); however, we suggest that counselors work with administrators and teachers in their districts to make the Comprehensive Guidance Program Portfolios an extension of the student portfolios used in other content

areas.

Essential Questions: How do the career paths relate to who you are?

Engagement (Hook): Have two students—one male, one female—dressed in white lab coats with stethoscopes sticking out of the pockets. The class is to decide what jobs are represented (Female is to be physician. Male is to be a lab technician or nurse). Sometimes it is easy to categorize jobs as male or female occupations, but do jobs truly have gender?

Procedures:

Instructor Procedures/Instructional Strategies:

- 1. Review information career path information from the previous lesson: What is the building and fixing path? What is the health care path? What path focuses on helping others? Creative and performing arts? Working with nature? Which path involves working with others to make and sell a product?
- 2. Divide class into small groups to present information gathered during their interviews with workers (see completed *Worker Interview* questionnaire). Ask the students to decide which career path each job belongs to and whether the job is considered a male or female job. (**NOTE:** The purpose of this question is to create an awareness of students' unintentional stereotyping of occupations—with the goal of increasing students' awareness of their subtle/hidden biases.)
- 3. Discuss gender role stereotyping and males and females in non-traditional work roles. Distribute the *Job and Gender Role Survey* to student groups and review the directions. When groups have finished, they will be encouraged to debate and discuss (with a friendly attitude) opinions as a group, and then as a class, concerning "men only" and "women only" jobs. Students will be asked if there are reasons why some careers should not be open to both genders.

Student Involvement/Instructional Activities:

1. Students will participate in the review process.

2. Students will present the information they discovered during their interviews with workers. Group members will listen and participate in discussion.

3. Student groups will complete Job and Gender Role Surveys and participate in group discussion.

4. Students will be given the *Student Career Path Survey*. The students are to mark the bubble for the statements that describe who they are and what they would like to do. The counselor may want to read each statement aloud, so that he/she can explain or define terms that are unfamiliar to students.

NOTE: Students should be advised that while they may not have the ability to do all the tasks at this time, they are expressing their interests.

5. Once the survey is complete, the counselor will reveal which career paths are represented in each column. Allow time for students to reflect on the results of their surveys.

NOTE: Students' surveys will be placed in their permanent record or career portfolios (if used) to evaluate changes as they progress through middle school and to review at the time they develop their personal plan of study 4. Students return to their regular seating to complete the survey. When they finish the survey, they are to count the number of items they marked for each career path and record the number in the square provided.

- 5. Students will engage in a conversation with a peer-partner to review and reflect on their responses across career paths by similarities/differences and high/low markings in the categories
 - a. Activities of Interest
 - b. Personal Qualities
 - c. Free-time Preferences
 - d. School Subject Preferences Upon completion of their conversation, students will consider the trends of their responses and identify career paths and related occupations that would fulfill the personal preferences noted.

Teacher Follow-Up Activities

During classroom discussions that involve occupations or people in the news, point out those individuals in non-traditional roles and/or the skills needed to perform those jobs.

Counselor reflection notes (completed after the lesson)	

Career Path Survey Name Grade *Adapted for Middle School Subjects from Krista Flowers' Model, Mid Rivers Tech Prep Consortium Career Path # 1 is Career Path # 2 is Career Path # 3 is Activities That Interest Me Activities That Interest Me Activities That Interest Me OPreparing medicines in a Predicting weather Reading or writing stories or pharmacy Predicting or measuring articles o Designing and building scenery · Helping sick people earthquakes Working with animals o Growing flowers/trees or for plays · Helping with sports injuries gardening o Gardening Studying rocks and minerals Studying anatomy and disease · Taking photographs · Performing surgery Raising fish or other animals · Acting in a play or movie Personal Qualities That Describe · Working in a chemistry lab O Listening to or playing music Me Personal Qualities That Describe Personal Qualities That Describe Compassionate and caring Me Me o Good listener · Helping with problems o Imaginative Good at following directions Nature lover o Creative carefully o Physically active o Outgoing Conscientious and careful o Problem solver O Using my hands to create things o Patient o Observant o Performer In My Free Time I Would Enjoy In My Free Time I Would Enjoy In My Free Time I Would Enjoy Volunteering in a hospital o Working on a school newspaper or Hiking yearbook Taking care of pets OParticipating in FFA or 4H o Acting in a play Exercising and taking care of Experimenting with a chemistry Painting pictures or drawing myself set School Subjects/Activities That I School Subjects/Activities That I School Subjects/Activities That I Enjoy or Do Well Enjoy or Do Well Enjoy or Do Well o Music/Choir/Band o Math o Math Language · Social Studies o Science o Art Physical Education o Science How Many Did I Pick? How Many Did I Pick? How Many Did I Pick? Career Path # 4 is Career Path # 5 is Career Path # 6 is Activities That Interest Me Activities That Interest Me Activities That Interest Me Putting things together o Interviewing people Helping people solve problems O Designing buildings O Using computer programs to do · Working with kids Working on cars or mechanical math Working with elderly people things o Typing letters, forms, banners, o Preparing food

○ Using math to solve problen	s etc·	○ Being involved in politics	
○ Gardening	 Keeping records, taking notes at 	○ Solving a mystery	
○ Using tools	meetings	Personal Qualities That Describe	
Personal Qualities That Descri	be OWorking with numbers	Me	
Me	Organizing files and paperwork	o Friendly	
o Practical	Personal Qualities That Describe	○ Open	
○ Like using my hands	Me	○ Outgoing	
○ Logical	0 Practical	○ Good at making decisions	
○ Good at following instruction	o Independent	○ Good listener	
0 Observant	o Organized	In My Free Time I Would Enjoy	
In My Free Time I Would Enj	oy OLike to use machines	o Tutoring young children	
 Building stage sets for a sch 	ool OLike to be around people	○ Helping with a community	
play	In My Free Time I Would Enjoy	project	
 Drawing sketches of cars or 	OBeing in a speech contest or	○ Coaching kids in a sport	
mechanical things	debate	School Subjects/Activities That I	
○Working on cars	○ Using a computer	Enjoy or Do Well	
School Subjects/Activities That I	 Volunteering in a local hospital 	○ Language	
Enjoy or Do Well	office	○ Social Studies	
○ Math	School Subjects/Activities That I	○ Speech	
⊙ Science	Enjoy or Do Well	How Many Did I Pick?	
∘ Shop	0 Speech		
How Many Did I Pick?	○ Language		
	0 Math		
	How Many Did Pick?		

Career Path Student Survey Answer Sheet

Career Path # 1 = Health Services

Career Path # 2 = Natural Resources/Agriculture

Career Path #3 = Arts & Communication

Career Path # 4 = Industrial and Engineering Technology

Career Path # 5 = Business, Management, and Technology

Career Path #6 = Human Services

Jobs and Gender Role Survey

*One copy for each student

Name:		Grade:	Grade:		
Directions: Place a check-	-mark on one of the	lines beside each occ	ines beside each occupation to indicate		
if a male, female, or both	could do the work	of the job.	•		
	Males Only	Both Genders	Females Only		
Nurse					
Hockey Player					
Pilot					
Receptionist					
Soldier					
Bus Driver					
Miner					
Farmer					
Elementary Teacher					
Police Officer					
Politician					
Hair Stylist					
Plumber					
Artist					
Judge					
Fashion Model					
Gymnast					
Scientist					
Archaeologist					
Football Player					
File Clerk					
Flight Attendant					
Race Car Driver					
Physician Applies at					
Architect					
Conductor					
Sports Writer					
Carpenter					
Cab Driver					
Pharmacist					

Missouri Comprehensive School Counseling Programs:

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Resource: Ideas for Personal Plan of Study/Career Portfolios

The ideas that follow are thought-starters as you and your colleagues formulate the guidelines for the Comprehensive Guidance aspect of student portfolios.

I. Foundation Principles:

- 1. The purpose of the portfolio is three-fold:
 - a. To serve as a storage/retrieval system for selected student work
 - b. To provide students and counselors with a "running record" of students' achievement, their interests, their perceived aptitudes and abilities
 - c. To provide students with a place to collect their thoughts/feeling/wishes/goals regarding school, work, and themselves in relation to school and work as they progress through middle school and high school.
- 2. Portfolios are to be used FOR (not AGAINST) the student and his or her growth and development as a current and future citizen of the world.
- Your ideas

II. Contents

- 1. Student's Personal Plan of Study
- 2. Assessment Results (Informal and Standardized)
- 3. Student's Life Career Goals
- 4. Student's Reflections
- 5. Your Ideas

III. Storage/Retrieval/Access

- 1. Student Privacy is of utmost importance
 - a. The sensitivity of student-provided content is addressed "before the fact."
 - b. Students are able to determine who has access to Portfolio
 - c. The district's implementation policies/guidelines regarding The Family Educational Rights and Privacy Act will be followed.
 - d. All access/retrieval policies and guidelines will be "transparent" for the student, i.e., not secrets and no surprises as a result of information student includes in portfolio.
- 2. Storage of Portfolio is the responsibility of the school district
 - a. Notebooks?
 - b. Electronic?
- 3. In the case of some documentation it may be more appropriate for student to maintain information.